



EIHA presentation on Hemp Extracts

12 March 2019, WG PAFF Committee

Lorenza Romanese EIHA Managing Director Daniel Kruse, Board Member Tony Reeves, Advisory Committee



Who is EIHA and who we represent

- Originally formed almost 19 years ago; officially founded in 2005.
 Based in Brussels and Cologne
- The only pan-European consortium in the industrial hemp sector
- Membership encompasses **25 EU states** and 12 additional countries including members in North America and APAC; total membership 200, primarily farmers, processors and manufacturers.
- **Policies**: CAP reform, Hemp extracts/NF regulation, THC limits in feed and food, Life Cycle Assessment of hemp materials, CO2 impacts, environment concerns, cosmetics



Evolution of consumers life-style

- Before using so called medicines as we know it, humans balanced their health with **natural foods** (vegetables):
 - → plants (leaves and flowers), seeds, fruits, grains and nuts
- After so many decades of highly processed food, consumers are increasingly attracted by what is "natural"
- Consumers trends: physical activity, balanced and healthy diet enhanced with functional food, non-allergic ingredients and food supplements → Healthy life-style model
- To maintain "homeostasis" in challenging modern conditions consumers seek out food supplements of botanical origin



EU Institution approach to this shift in consumers' behavior

- 2008 Council of Europe: one of our society's main characteristic is people's growing desire to improve one's health condition, reduce the risk of disease and try to find the best possible quality of life
 → education's improvement/increased general knowledge and awareness
- **Homeostasis**: status of a person whose physiological parameters function within the limits considered normal optimal balance
- Food supplements' aim: support, maintain or optimize the normal physiological condition = balance (homeostasis)
- Medicines' aim: bring back physiological functions from critical condition into normality (homeostasis)



What are hemp extracts? (focus on Cannabidiol)

- **Definition** of hemp extracts: from latin "extrahere" = draw out, remove) means any method that uses a (solid, liquid or gasseous) extraction agent to remove one or several components from a substance mixture (of solid, liquid or gasseous substances)
- Coffee → Coffee extract / tea → tea extract
- Cannabidiol (CBD) is the most abundant cannabinoid naturally presents in the industrial hemp plant and their extracts
 - Non psychotropic, non-intoxicating, not addictive, very well tolerated by humans even in large doses
- Hemp extracts are used in food/supplements for their health maintaining properties



How hemp extracts are made from hemp plant?

- Cold pressing: the most simple extract from hemp fruiting tops is hempseed oil
- 2. Ethanol extraction: using alcohol to whole fruiting tops (infructescense) and leaves
- **3. CO2 extraction**: using Carbon Dioxide to whole fruiting tops (infructescences) and leaves
- 4. Fat extraction: can easily be used for home-made preparations
- Moreover...
 - Extract can be left raw or decarboxylated and added to consumer products without further processing
 - Extracts are usually winterized in order to remove plant waxes
 - Extract can be further distilled/rectified in order to remove unwanted elements such as chlorophyll



NF Catalogue last change

- On the 20th of January, 2019 MSs and COM agreed on a new wording for the NF catalogue.
- In item Cannabis sativa L:
 - hemp seeds and their derivatives are not assessed as NF
 - leaves and infructescence are left in a grey zone
- Moreover, a new item "Cannabinoids" was introduced into NF catalogue → hemp extracts are considered NF
- Conclusion: major confusion regarding interpretations and negative impact on the hemp sector (regarding investments, level playing field)



EIHA already demonstrated in October 2018

- Food Business Operators in EU have been acting in GOOD FAITH based on guidance represented by the information provided in Novel Food Catalogue investments
- Use of hemp leaves and infructescence have NOT BEEN discriminated in listing for item Cannabis sativa
- Catalogue item Cannabidiol has provide a clear guidance: products with "natural" levels of CBD have been considered "traditional"
- Only traditional propagating practicies are used for processing hemp infructescense
- Such practicies include pressing or solvent extraction
- Presence of cannabinoids in human diet is also well documented across middle ages to the modern age. We will demonstrate it on 14 examples.



Traditional cannabinoid-rich products **Evidence** #1: ITALY



Inscriptions on the Tower of the Escape, Bologna

Constructed from 1220, the vault of the Canton de 'Fiori carries the following Latin inscription:

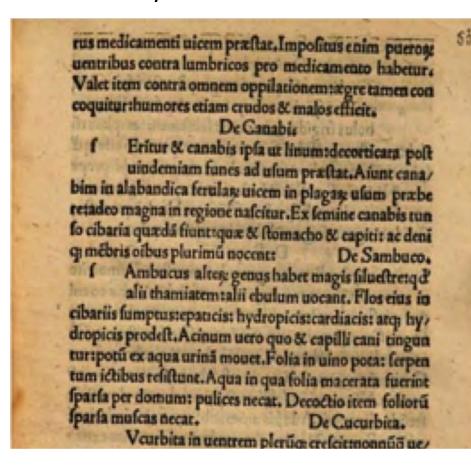
"Panis Vita / Canabis Protectio / Vinum Laetitia" "Bread is Life / Cannabis is Protection* / Wine is Joy"

*Protection = homeostasis



Traditional cannabinoid-rich products **Evidence** #2: ITALY

Use of aerial parts of the hemp plant within European perspective is CLEARLY demonstrated by two citations from [one of the oldest] cookbooks **De Honesta Voluptate Et Valetudine**, published in 1475 AD by Bartolommeo de Sacchi Platina



On Canabis.

To make cannabis yourself known as flax for thread.

Use a mallet to crush clods collect after good harvest Taken as food in wine or cake.

Add cannabis to nard oil an iron pot. Crush together over some heat until juice.

A health drink of cannabis nectar. Carefully treat food and divide for the stomach and the head. Finally remember everything in excess may be harmful or criminal.



Traditional cannabinoid-rich products **Evidence** #3: VATICAN

740

BRUNO LAURIOUX

fiant tenues; et tunc fac illa bulire 100. Post hoc tempera illa cum zapharano, [Fol. 9v] et aliis speciebus dulcibus, et mitte intus cepas ad modum taxillis 101, cum oleo olive 102, et maiorano 103; et fac rostire panem album, et fac parvas partes, et funde hoc totum superius. Et erit bonum pro rusticis 104.

59 - Sic fac ministrum de canapo. Recipe eum, et munda eum in aqua callida, et mitte eum lente bulire, ita quod coagulatur superius; et tunc remove partem superiorem, et mitte per straminiam, ut aqua exeat; et tunc mitte eum ad ignem cum pane grattato, et cepis rostitis in oleo olive; et tunc tempera illum cum lacte eius, zapharano, et aliis speciebus; et sparge uva passa ad scutellam. Et erit bonum pro infirmis.

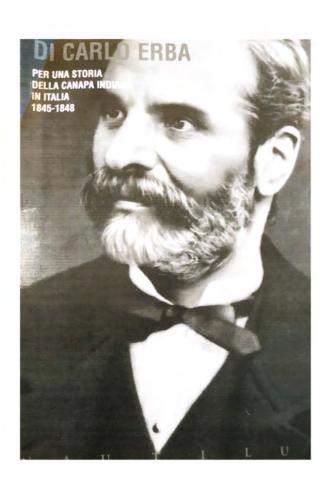
60 – Sic fac ministrum de farris. Recipe eas, et munda bene in aqua, et fac ea bulire cum lacte amigdalarum, et inmitte zapharanum, cum aliis speciebus dulcibus. Aut si est tempus, potes inmitte ova 105. Et est pro debi-libus 106.

59 - On Ministrum de canapo Jean de Bockenheim, Registre de cuisine, p.740 n° 59. Reference to Bruno Laurioux, chef of Pope Martin V

Boil flowers and leaves (canapo) in water. Once ready press them to extract water. Add the mixture with bread crumbs and cooked onion. Slowly add the water in which canapo was boiled to the mixture and add saffron and spices.



Traditional cannabinoid-rich products **Evidence** #4: ITALY



Carlo Erba focused his studies between 1945 and 1958 on hemp extracts.

Doctor Erba quoted two methods of "cannabina" extracts commonly used at that time:

- British chemist, Smith
- French chemist, Decourtive

Erba after having analyzed these two method he proposed the **ether extraction** as with ether there is no need to heating, no need to use metals and acids elements that could alterate the hemp properties.

Moreover in his book, Doctor Erba mentioned the studies of Doctor Valerzi (from university of Naples) that studied hemp extracts with fat and honey (1887). It is written that in July 1887, Valerzi went to Veneto region in Italy and harvested Sativa hemp. From the harvest Valerzi extracted distilled water, essential oil, tinctures alcohol, syrup, liquors, decortications and instilled.



Traditional cannabinoid-rich products **Evidence** #5: ITALY

FRAMMENTO

DI UN

LIBRO DI CUCINA

DEL SEC. XIV

EDITO

NEL DI DELLE NOZZE

CARDUCCI-GNACCARINI



BOLOGNA NICOLA ZANICHELLI 1882 26 (xxvj) Se vuoi tortelli con fiori di canapaccia.

Togli questi fiori di canapaccia senza foglie e cuocili colla pancia del porco. Quando ella è presso che cotta (metti) a bollire li fiori e (quando) la carne e cotta, batti ciascuno per se. Togli finissimo cascio, altrettanto quanto è la carne, e fine spezie e fa tortelli.

Tortelli with hemp flowers

Take the hemp flowers without leaves and cook them with bacon. When the bacon is almost cooked add the flowers, finish cooking, chop everything, add grated cheese, as much as the mixture and with this filling, make the tortelli. (recipe dated 1884). Source: Frammento di un libro di cucina del Sec. XIV: edito nel di delle nozze Carducci-Gnaccarini"





Germany – Monk Recipe for Hemp Soup
Regional Cuisines of Medieval Europe: A Book of Essays
edited by Melitta Weiss Adamson

nineteenth-century editor calls the dishes Lenten fare. However, a closer look at the material reveals that the Tegernsee monks marked feast days by indulging in little pleasures, among them eggs, milk, and dairy products, as well as the occasional luxury such as almonds, figs, rice, and saffron. At the time the meal plans were written, the monastery must have housed approximately forty monks, because the quantities mentioned in the cookbook section are usually for forty people. Hemp soup for forty monks required six pounds of hemp, three quarts of wine, one white bread, mashed apples, vinegar, and spices. By medieval standards, these recipes are quite unusual in that they provide the quantities for ingredients but no cooking instructions. Normally, medieval culinary recipes contain information on ingredients and their processing but no quantities, as the following analysis of the oldest German cookbooks will show.

Six pounds = 2.7 kgs hemp. / 40 monks = 67g per person RDI is 30g hemp seeds for western modern diet Monks lived subsistence life. This indicates that 67g/pp included green parts

Traditional cannabinoid-rich products Evidence #7.1: SWEDEN

Mot Lungsot, Bröst- och Magkatharr, Blåskatharr m. m. enl. intyg.

European Industrial Hemp Association



Sedan vi nu anlegt en fabrik för tillverkning uti stor skala och under offentlig

kunna vi erbjuda dessa artiklar, som synas ha stor framtid, förpackade på snyggs

bleckburkar (vanl. Cacaeburkar) innehållande ca 3 gånger mer in tidigare forpackningar. Pris pr burk 1 kr. för Extrakt-Cannabis och 1: 25 för Maltes-Can-Af vanliga paketer finnas några tusen kvar till nedsatt pris 25 öre.

Maltos-Cannabis

Mallosepreparat.
Uit Haupfröstrukt måsie, för att absorbera Hampfröfettet, användas en del njöl, sena i sig sjelft ej eger större värde. Här undvikes detta genom att Hampfröfettet absorberas att Mattsocker etc., som äre af större värde vär sjelfva Hampfrösetreaktot. Dessa hvar för sig så värdefulla, närande och helsobringande beståndsdelar supplera härigenom hvarundra, och utgör således detta Mallos-Caulabis ett starkt koncentrerndt medel mot sjuktomar i

Lungor, Luftrör, Bröst och Mage samt met Kraftleshet och Afungring af mängduhhelt större värde än sjellva liumpirförstraktet. Detta preparat, hvurå patent sökts i flera Inder, torde af alla, som förseker det, komma sit föredragse framför Estrakt-Canmbils.

Cacao Maltos-Cannabis är en närande, sund och välsmakande frukostdryck, som kan rekommenderas

Maltos upptions 1887 af Lasarettsläkaren K. Mc Dilton och har se'n des vunnit spridning öfeer nästan hela Europa som ett utmärkt medel för bröst- och maglidande sant erhällt S guldume anlier. Den avenske Professorn Mi-kael Stoen yurur derom i sit längre intyg, att det borde icke salamas nit något hem, troupolande och of dälig matsmällning hemsikka till helsins förfriskande och

Sättet att tillverka Maltos med Hampfrö och Cacao m. fl. är för Sverige vår

nteslutande rilti, som vi skola härda mot eventuela intring. »Ej blott för lungsiktiga, utan i många andra fall, då det är önskvärdt, att patienten skall öka i hull har jag ordinerat Maltos-Cannabis, såsom åt personer med bröstkatarr, skrofter, klen mage;

åt blodfattiga, nervsvaga och konvalescenter

och i ej få fall redan under den ännu ej långa tid, jag observerat närings-medlets verkan, funnit goda resultat däraf, såsom ökade krafter och bättre hull. Preparatets smak är ren, kraftig och enligt min uppfattning behaglig.

Citater är ur en längre sympatisk artikel i Hälsovännen för I Mars och af den kände läkaren i Stockholm

Doktor Henrik Berg.

Tekniska Fabriken Röda Korset, Stockholm.

The add specifically states:

Hampfroeextract: Extrakt-Cannabis och

Maltos Cannabis

This ad confirms that hemp extract was used in the preparation of Maltos **Cannabis** nourishing food remedy.

Traditional cannabinoid-rich products **Evidence** #7.2: SWEDEN



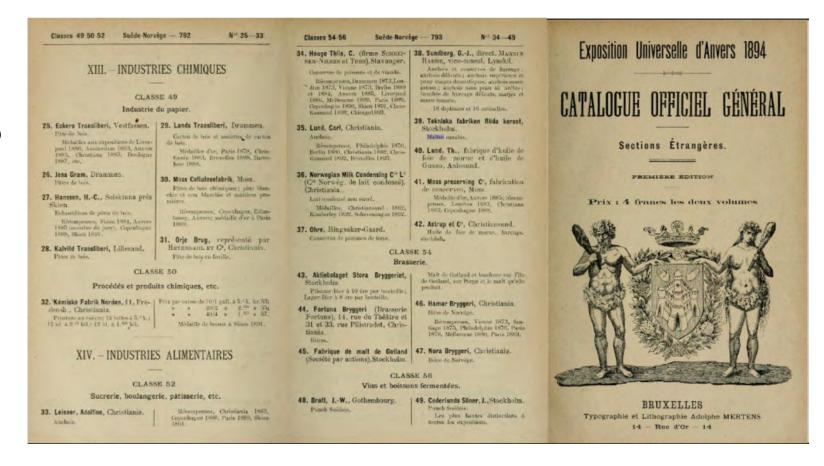
World Exhibition in Antwerp 1894 – official catalogue

Exhibition was held from 5 May to 5 November 1894 attracting 3 million visitors.

In category XIV – Industries Alimentaires (Food Industries), point 39:

Tekniska fabriken Roeda korset, Stockholm

Maltos Cannabis





Traditional cannabinoid-rich products **Evidence** #8: POLAND

Podczas głodu, którego doznali zarówno mieszkańcy polskich wiosek syberyjskich, jak i użytkownicy północno-wschodniej polszczyzny kresowej, jadło się różne trawy. Z tych "jadalnych" traw mieszkańcy Widz wymieniają osotę, lituanizm v'iksvę 'turzyca', pokšyvę 'pokrzywa', konop'i 'konopie', šn'itkę (por. сні'тка, сны'тка: Снітка — лапшатая трава, свіням, каровам і самы снітку варылі... (kursywa tu i dalej — N.A.); калісь і снітку варылі і елі [SBH 4, 1984, s. 514]; шні'тка: Шнітку елі ў вайну. Даўней шнітку варылі: Шнітка —

Ananiewa N. 2017. Nazwy potraw w polskich gwarach na Litwie, Białorusi i Syberii wobec przemian cywilizacyjnych. Rozprawy Komisji Językowej ŁTN, t. LXIV, 8.

During the famine suffered by both the inhabitants of Polish Siberian villages, as well as users of the north-eastern Polish borderland, ate different grasses. From these "edible" grasses, the inhabitants of the Widzew exchange osyt, and lituanizm v'iksva 'sedge', pokšyva 'nettle', hemp 'hemp', šn'itka





Kuchnia polska dawna

Urywki z jej dziejów od czasów najdawniejszych do końca wieku XVII.

ze źródel zebrał i opracowal Dr. Med. JÓZEF PESZKE.

Konopie w "Rachunkach" wymieniane bywają częstokroć, jako siemię konopne (semen canapi), w dni postne. Wiemy już, że wybijano z nich olej, do kraszenia potraw służący w poście, ale bardzo być może, iż siemienia owego używano już wtedy do przyrządzania polewek, jadanych i dziś jeszcze tu i owdzie u nas, szczególnie na wieczerzę w wigilję Bożego Narodzenia, ale tegonie mówią nam "Rachunki" **). Konopie uprawiano w dobrach królewskich, atoli kupowano też siemię na targu.

Peszke J.1904. Kuchnia polska dawna: urywki z jej dziejów od czasów najdawniejszych do końca wieku XVII. Gazeta Domowa nr 9, 133.

Jednak największy podziw musi budzić liczba i różnorodność używanych jarzyn i ogrodowin (warzyw). Wśród nich najpopularniejsze były: buraki czerwone, cebula, chrzan,
czosnek, giersz, później już nieużywany, kucmerka (kucmorka) jadana w poście wielkim,
groch, kapusta, konopie, kminek, koper, mak, marchew, ogórki, pietruszka, rzepa, rzodkiew,
rzeżucha, soczewica. Powyższy zestaw wskazuje, że polska kuchnia średniowieczna była
wyjątkowo dobrze zaopatrzona w jarzyny i warzywa, a ich stosowanie było dość powszechne (Peszke 1904, nr 9, s. 133-134). Na uwagę zasługują też owoce, wśród których spotykamy: czereśnie, gruszki, jabłka, orzechy, śliwki, poziomki oraz równie często spożywane figi
i migdały.

Chmiel A.2015. Kuchnia I Rzeczpospolitej. ZNUV, 45(7):11.

Translation:

However, the greatest admiration must be aroused by the number and variety of used vegetables and garden plants (Vegetables). Among them the most popular were: red beets, onions, horseradish, garlic, grysz, later unused, kucmorek (kucmorka) eaten in a great post, peas, cabbage, hemp, cumin, dill, poppy, carrot, cucumbers, parsley, turnip, radish, cress, lentils. The above set indicates that Polish medieval cuisine was exceptionally well stocked with vegetables and vegetables, and their use was quite common (Peszke 1904, No. 9, pp. 133-134).







https://alchetron.com/Siemieniotka, 6.03.2019

HEMPSEED SOUP, SILESIAN (siemieniotka, siemianka): Rinse 1½ c hempseeds in cold water and drain. Scald with boiling water, bring to boil and drain again. In pot combine hempseeds with 5 c warm water, bring to gentle boil, reduce heat and simmer until seeds begin to burst. Drain, reserving liquid. Transfer hempseeds to sieve and with wooden spoon squeeze out their contents (hempseed milk). Scald seeds in sieve with a little boiling water and continue squeezing out their milk. Transfer partially crushed seeds from sieve to another bowl add a little boiling water, mix well, drain and squeeze them some more. When no more juice can be extracted, discard seed husks left in sieve. Combine hempseed milk (squeezings) with 3 c milk and the reserved stock (in which the hempseeds were cooked). Thicken with 3 T flour dissolved in a little water, add 2 t salt, and 1–2 T sugar. Mix, bring to boil and simmer several min, stirring so it doesn't burn. Remove from heat, add 1 T butter and serve. This is a traditional Christmas Eve soup in Silesia (Śląsk).

Stryber R. 2007. Polish Holiday Cookery. Hipocrene Books. INC, Nowy Jork: 44.

Traditional cannabinoid-rich products **Evidence** #11: GERMANY



Hanfgesellschaft

Das nova-Institut Hürth hat im Auftrag der Hanfgesellschaft Berlin Ende November eine Umfrage unter 40 Unternehmen aus Deutschland, Österreich, den Niederlanden und England durchgeführt, die die Verwendung von Hanfrohstoffen im Lebensmittelbereich erfassen sollte.

Insbesondere ging es um die Frage, in welchen Mengen Hanfrohstoffe vor dem 15. Mai 1997 in der EU als Lebensmittel vermarktet wurden. Diese Mengen werden einen wichtigen Einfluß auf die Entscheidung haben, ob Hanfsamen, Hanföl oder auch Hanfblüten/-blätter unter die novel-food-Verordnung fallen.

Bis zum 01. Dezember 1997 haben auf die Umfrage 23 Unternehmen geantwortet, 13 Unternehmen aus Deutschland, 4 aus Österreich, 4 aus England und 2 aus den Niederlanden. Das Ergebnis der Erhebung lautet:

Vor dem 15. Mai 1997 in der EU verkaufte hanfhaltige Lebensmittel nach Umfrage der Hanfgesellschaft vom 19.11.97:

Hanfsamen

ca. 200 Tonnen

Hanföl

ca. 33.000 Liter

Hanffertigprodukte

ca. 55 Tonnen

(Müsli, Snacks, Brot-, Back- und Teigwaren)

Getränke mit Hanfblüten/-blätter

ca. 115.000 Liter

Snack mit Hanfblüten

ca. 2 Tonnen

Leider haben sich einige große Hersteller nicht an der Umfrage beteiligt, weil sie ihre individuellen Umsätze nicht weitergeben wollten, auch nicht vertraulich. Dies betrifft insbesondere den Hanfgetränkebereich.

Hürth, den 01.12.97

Dipl.-Phys. Michael Karus

Für Rückfragen: Telefon +49 - 2233 - 97 83 70, Fax +49 - 2233 - 97 83 69

The Nova Institute was commissioned by the Hanfgesellschaft to undertake a survey on the request of EU Commission to obtain data on volume of hemp products sold prior to May 1997.

Out of 40 companies contacted, 23 companies from Europe, including Germany, Austria, the Netherlands and the UK responded:

Hempseeds ca 200 tonnes

Hempseed oil ca 33,000 litres

Hemp ready made products (snacks,

flour, muesli, bread, bakery & pasta) ca 55 tonnes

Drinks with hemp flowers/leaves ca 115,000 litres

Snacks with hemp flowers ca 2 tonnes

The letter also states "unfortunately several large hemp companies did not participate in the survey because they did not want to share their data, especially from the drinks sector."

Traditional cannabinoid-rich products Evidence #12: GERMANY





EUROPEAN COMMISSION DIRECTORATE-GENERAL III Industrial effairs Ut. Donaumur goods industries

03-02-1998 001908

DGIII/E/1/GS/M D(98)

Subject: Your request for information about the opinion of the Standing Committee for Foodstuffs concerning hemp products.

Dear Mr Kreutner.

According to your request of 26 January 1998, we can inform you that the Standing Committee for Foodstuffs agreed on 18 December 1997 that hemp flowers used for the production of beer-like beverages are considered to be food ingredients and not additives since they are used in the same manner as hop flowers.

Secondly, it was decided that foods containing parts of the hemp plant do not fall under the scope of the Regulation (EC) 258/97.

SonnenHaus OKO-Handels GmbH Mr Andreas Kreutner Hermine-Berghofer-Straße 48 A-6130 Schwaz

Rue de la Loi 200, 8-1049 Bruxelles-Weistraat 200, 8-1049 Brusse - Belgium - Orlfice: RP 11 - B/25 Telephone, direct line (+32.2):2555540, exchange 299.11.11. Fdx: 2560651 Teles: COMEU 8 21577 Telegraphic address: COMEUR Brussels

X.400 G#Georg S#Sofireiber I+GS Internet georg sofreiber@dg3.tec.be

The letter of European Commission, dated 03.02.1998, to Mr Kreutner (Öko-Handels GmbH, Austria) stated "that hemp flowers used for the production of beer-like beverages are considered to be food ingredients and not additives since they are used in the same manner as hop flowers."

Important, paragraph 2:

"Secondly it was decided that foods containing parts of the hemp plant do not fall under the scope of the **Regulation (EC) 258/97."**

NOTA BENE: Hemp flowers (EU) are not Cannabis in the meaning of the UN SC, otherwise contradiction to definition of food in Reg. (EC) 178/2002, Art. 2 (g).

Traditional cannabinoid-rich products **Evidence** #13: GERMANY





EUROPÄISCHE KOMMISSION
GENERALDIREKTION III
INDUSTRIE
Gewerbliche Wirtschaft III Verbrauchsgüterndustrie
Asbeklarschaftliche und liechnische Asbeklar
Asbeklarschaftliche und liechnische Asbeklar

Brüssel, den 3-03-14-2 004245 DG fil/El AK/ak D(98)

Betrifft: Ihre Anfrage bezüglich Pflanzenteile von Cannabis sativa

Bezug: Ihre Telefaxnachricht vom 16. Februar 1998

Sehr geehrter Herr Dupetit,

bezüglich Ihrer o.a. Anfrage kann ich Ihnen mitteilen, daß der Ständige Lebensmittelausschuß sich am 18. Dezember mit der Frage der Verwendung von Hanf in Lebensmitteln befaßt hat. Es wurde Übereinkunft erzielt, daß Lebensmittel, die Teile der Hanfpflanze enthalten, nicht unter die Verordnung (EG) Nr. 258/97 des Europäischen Parlaments und des Rates über neuartige Lebensmittel und neuartige Lebensmittelzutaten fallen.

Mit freundlichen Grüßen

E. Gaerner Abteilungsleiter Letter of the European Commission to Mr Dupetit, dated 03.03.1998, saying the Standing Committee on Food agreed on 18.12.1997 that

foods which contain parts of the hemp plant do not fall under Regulation (EC) No. 258/97 on Novel Food and Novel Food Ingredients."

Alfredo Dupetit dupetit Natural Products Hauptstr. 41 D - 63930 Richelbach

Rue de la Loi 200, B-1049 Bruxales/Weterour 200, G-1049 Brussel - Beigien - Büro RP11 3/57. Telefon: Durchwahl: (~32-2/2053158, Zentrale 299.11 11, Telefae: 2960951 Fernandriseiner COMELIA 21/677 Telefamonadriseae. COMELIA Brussel



Traditional cannabinoid-rich products **Evidence** #14: SLOVAKIA

Official use of hemp leaves for making teas can also be demonstrated on a case of Slovak Republic:

SLOVAKIA - DECREE 09/2015 Z.z. of Ministry of Agriculture and Rural Development of Slovak Republic, of December 4, 2015, on spices, table salt, dehydrated food, soup preparations and on aromas contains item konopa siata - *Cannabis sativa* L. - <u>leaf</u>, seed in Annex III, Table 1: LIST OF PLANTS AND THEIR PARTS SUITABLE FOR PRODUCTION OF TEAS without recommending any restrictions on the amount [of herb] used.



EIHA position on hemp extracts

- **Leaves** and **flowers** of industrial hemp plants **are non NF** → <u>regulated like</u> food and food supplements (rules and labelling)
- Extracts, with traditional extraction technologies, from hemp plants legally growing in EU are not NF
- Naturally occurred cannabinoids in the whole plant extracts are not NF
- For consumer safety EIHA proposes a maximum daily intake of 160 mg (for an average adult) for food or\and food supplements
- Genetic modified plants and synthetic material are NF



Further reflections

- Hemp flower products such as hempseed and its extract hempseed oil are traditional food exempt from authorization as Novel foods due to demonstrated consumption in Member States prior to May 1997.
- Naturally incidental to the long history of consumption of the hempseed is a sticky resin, on the outside of the seed shell -> cannabinoids are found inside this resin
- Cannabinoids are found on seeds and other part of the plants (which are not NF) as residues and are therefore consumed without authorisation.
 - In the process of pressing, the hempseed oil can get contaminated with other elements of infructescence of the plant that contain cannbinoids, resulting in cannabinoids presence in hempseed oil
 - In the past, up until the beginning of the 20th century, when the mechanical threshers were introduced, any seeds - be it wheat grain or hemp seed - were obtained in the process of manual threshing with flails. The inevitable presence of such combination from which the oil was pressed results in inflated levels of cannabinoids in the hempseed oil.
- In the pre-industrial era hempseed oil obtained in this way was the primary source of plant oil in human diet, hence cannabinoids have been consumed in larger amounts than today and have a long history of consumption prior to 1997
- The parts making up the whole are inseparable from the whole; if the whole is exempt then so are the parts.



Further reflections

It must also be considered that hemp and hops are the same plant family of Cannabaceae, which
includes about 170 species grouped in about 11 genera, including <u>Cannabis</u> (hemp, marijuana),
<u>Humulus</u> (hops) and <u>Celtis</u> (hackberries). (https://en.wikipedia.org/wiki/Cannabaceae)

One will surely not question that hops, its flowers, leaves and whole tops are used as food, ingredients and extracts.

- As long as the product
 - has no added Cannabidiol isolate or synthetics, and
 - is less than 2.000 ppm THC and recommended intake to fulfill the guidance values re THC, and
 - is from an approved Hemp cultivar or non-Cannabis source...

...then it must be considered a traditional product, not Novel Food needing pre-marketing authorization



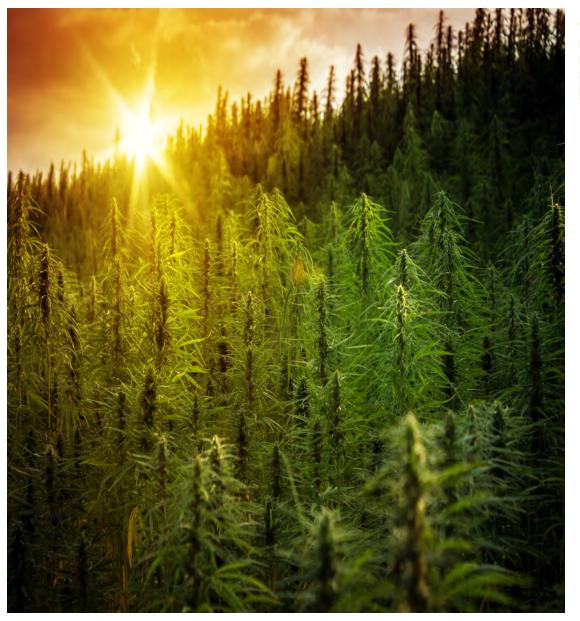
Implications if MSs enforce the NF Catalogue

- End of the internal market creating a vacuum which will be filled by the 'grey market' (54% of consumers are willing to buy CBDs it even if they are illegal)
- Loss of jobs in production, processing and sales
- Loss of market control represents significant potential consumer risk as they access products which do not comply with any safety, labeling or compliance standards.
- Loss of competitiveness for EU enterprises (vs Canada, the US, China and Switzerland) →
 no equal level playing field for all actors
- **Discrepancy** on the **labelling** \rightarrow impossible for consumers to compare products
- All the environmental benefits of cultivating hemp (e.g. CO² absorption) will be outside
 of Europe (not in line with CAP orientations)



Benefits for MS

- CBD helps maintain homeostasis; which in turn supports better health for all = improved productivity and reduced public health service costs
- Facilitating the growth of the CBD industry will create new jobs at a range of skill levels and deliver increasing tax revenues (VAT and income tax)
- Hemp extracts represent an additional income for farmers
 - Enabling farmers to utilise the entire hemp plant including the leaves will encourage much more cultivation of this key crop with numerous additional benefits including carbon sequestration, enhanced biodiversity, land reclamation and phytoremediation.
- Safe and clear framework which will guarantee an even playing field for all actors in the hemp sector (SMEs vs big companies)





Thank you for your attention!

For further information:

Lorenza Romanese

EIHA Managing Director

lorenza.romanese@eiha.org